Izinkoleloze Namaqiniso

mayelana nokunakekelwa kwezingane ezinezifo ezingalapheki

1 Izinkoleloze

Kunzima ukuhlola izinhlungu ezinganeni futhi noma kutholakala ukuthi zisezinhlungwini kuyingozi ukuthi zinikwe izibulala zinhlungu ezibizwa ‘ngamaopioids’.

••Amaqiniso••

Ziningi izindlela ezingasetshenziswa ukuhlola izinhlungu ezinganeni.

Izibulala zinhlungu ezingama’opioids’ ziphephile futhi zisebenza ngokugculisayo uma zisetshenziswa yilabo abaqeqeshelwe ukuzisebenzisa ezinganeni.

2 Izinkoleloze

Izingane zingaphathwa njengabantu abadala abasebancane.

••Amaqiniso••

Indlela yokucabanga, yokuziphatha nokuxhumana kwezingane yehlukile kunaleyo yabantu abadala.

Izingane zikhula njalo ngakhoke zitholakala zisezingeni elehlukile lokukhula ngaso sonke isikhathi.

Izingane zindinga izinhlelo eziqoshelwe zona ukuze zihlangabezane nezidingo zazo.

3 Izinkoleloze

Izingane aziboni uma sezigulela ukufa ngaphandle kokuba zitshelwe.

••Amaqiniso••

Izingane eziningi ziyabona uma ukufa sekufikile kepha zifuna isiqiniseko kubazali.

Thola ulwazi olinzulu ngokunakekelwa kwezingane ezinezifo ezingalapheki ngokuthatha izifundo ezingakhokhelwa zekhompyutha ngokuvakashela le website

www.icpcn.org

World hospice & palliative care day

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