10 things to consider when young people transition to adult palliative care services

1. Ensure that there is a shared vision of what is needed for young people with life-limiting conditions as they move into adulthood.

2. Establish Regional Action Groups that will lead to new partnerships and service developments by bringing together young people, service providers and service funders.

3. Get all agencies together to discuss, plan and work collaboratively across regions.
   a) Health & Social Care
   b) Education
   c) Housing/Independent Living
   d) Employment/meaningful occupation

4. Gather evidence of what is needed in local areas, through exploring what services are available locally and identifying who the young people are.

5. Enable young people to share their stories and help them to articulate their own aspirations for the future.

6. Boost the confidence and skills of professionals working with young people with life-limiting conditions.

7. Raise public and professional awareness of the needs and aspirations of young people with life-limiting conditions.

8. Engage communities and volunteers in supporting young people to achieve their aspirations.

9. Lobby for the needs of young people with life-limiting conditions.

10. Achieve sustainable funding, which must underpin all of the above.

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